

THE OLIVA U3A VOICE

NOVEMBER 2015

ISSUE 5

It is now 6 months since our last AGM when your new Management Committee was elected. During this time your committee have been working hard to improve our U3A in various ways for the benefit of you our members. Initially we identified a problem where the membership limit had been reached, so our first decision was to ensure this limit was raised substantially, to avoid future difficulties. In June we introduced our first edition of the U3A Voice, the idea behind this was to bring you our members up to date with news of Trips and activities from the recent past through to the present and into the future. From the feedback received this has been warmly welcomed as a very useful tool.

Through our new Travel Co-ordinators and Team the Trips and Events section has been resurrected and to date 3 day trips have been completed with a fourth arranged for early December to the Benidorm Christmas Market plus a Lunch. There will be more trips to follow in 2016.

As a number of you have already found the expanded Members Benefits section has proved useful and beneficial in terms of discounts, this we are endeavouring to expand further over the coming months.

At the present time a number of members are actively involved in organising the Annual Christmas Party for 50 of Oliva's under privileged Children this will be on the 16th of December. We are still asking for donations of Christmas presents, these should be made up of various smaller items placed in a shoebox and up to the value of 15 euros. Each present should be marked for either Boy or Girl or if it is not a specific present please mark it Either. These presents can be left with Ana the CPC receptionist or brought to the General meeting on Thursday December 3rd. I would thank you in advance for your help with this important event.

Over this past 6 months Iain our webmaster has continually made great improvements to the website homepage to make it more user friendly for you.

Please consult our website for all the information you require regarding our U3A's activities.

I can assure you all we will continue to find ways to improve your U3A experience and to improve the Oliva U3A organisation as a whole.

THIS IS AN URGENT REQUEST

Due to Personal reasons our Webmaster Iain Mungull will unfortunately be stepping down from this position at the end of this year.

I am asking for your help:-

We are looking for a member who is computer literate and who feels capable of becoming our next Webmaster.

Full training will be given by Iain himself in order to make the hand over as smooth as possible.

This is a very important role within our U3A organisation as this is the main source for information and communication for you our members.

If you are interested in becoming our new Webmaster and wish to help in this capacity or if you know anyone who we could contact please email me Mick at vice-president@u3a-oliva.org or Telephone me on 634453459.

This is VERY URGENT so please contact me without delay.

Forth coming event in Oliva

**We'd love your company to help us celebrate Thanksgiving Dinner
Wednesday 25th and Thursday 26th November 2015.**

This year we are fortunate enough to be able to hold Thanksgiving Dinner on two successive nights. The management and staff at Cafe Bar la Bassa have offered us the opportunity of holding this wonderful occasion in their restaurant located on Carrer Gomez Ferrer 2 (Nr. Oliva Town Hall)

Thanksgiving Dinner is traditionally a time when friends and family gather together to give thanks for the wonderful harvest and enjoyment that you have experienced throughout the year.

This is an opportunity for sharing a traditional homemade American Thanksgiving Dinner with friends including lots of wonderful Roast Turkey, amazing Mash Potatoes, Vegetables, Rolls and Pumpkin Pie as well as a variety of other traditional dishes.

It's a great time to catch up with old friends and to make new ones to get involved in lots of conversation and fun activities.

We'd love you to join us and enjoy the evening so we've added all the information below that we feel you'll need to book your place at one of our two **Thanksgiving Dinners**

All proceeds from the evening contribute to the work of Project Hope in helping support families in our Oliva Community.

Cost: 15.00 Euro

- **Where:** Café Bar La Bassa, Carrer Gomez Carrer, (Nr. Oliva Town Hall.)
- **When:** Wednesday November 25th, or Thursday November 26th at 19.00 hour
- **Booking Arrangements:** Please contact us on:- 607 470 220607 or 607 470 221. or you can skype us on these numbers Tickets can be purchased at the door, but we need to know who is coming and which night you'll be with us so we can plan the food. There are 30 places available for each night. The tickets will go quickly, so call soon.

***The Members General Meeting originally arranged
for Thursday November 26th.***

This has now been changed to DECEMBER 3rd

Our Speaker at this meeting will be Mr David Stevens, one of our fellow members. His presentation will be about his own experience on the Pilgrims Walk which he has just completed. There will be Mince Pies and Wine available plus tea and coffee as usual. Please be there in time to take your seat for what will be a fascinating talk especially if you are a walker who loves to explore those unusual areas.

Wednesday December 9th 2015.

Our annual Christmas trip will be to the Benidorm Christmas Market with an organised Lunch included.

This trip is now Fully Booked

Following your requests via the Voice we have organised a day trip for Wednesday December 9th to the renowned Benidorm Christmas Market, this will be followed by a prearranged lunch at the La Piscina Restaurante in Parcent.

The coach will leave the Polivalent at 8.30 am and travel south to Benidorm. On arrival in Benidorm you will have approximately 3 hours to explore the market, visit one of the many bar/cafes or just walk to the beach front which is a short distance away.

Enjoy a great morning around this large market and find that Christmas Bargain.

After spending your hard earned money at the market the coach will be waiting to take us from Benidorm around 1.00 pm to our Lunch venue in Parcent.

We hope you enjoy the mouth watering food on offer at La Piscina Restaurant

On our arrival at La Piscina Restaurante located in Parcent you will be able to relax and enjoy the excellent food and atmosphere There is no need to book your main course before the day as you will be asked to choose from 10 different meats or fish dishes while at the table. The menu also includes wine with lunch, coffee after your meal.

Following this enjoyable day, at around 5.00pm the coach will leave the restaurant en route to Oliva arriving back at approximately 5.45pm.

"Important Information"

PayPal

You can pay for your trips by using PayPal or your Debit/Credit card. When you click on the [Pay online](#) tab it directs you to another page, here you will see two lines, the

top one is when you have a PayPal account and the second is to enable you to pay with your own Debit/Credit card through their secure site. Just follow their instructions which are very simple. This will save you travelling to Oliva and wasting your valuable time in the Sabadell Bank, I hope this helps clarify the online payment options.

Thursday December the 10th.

There will be a Service of 9 lesson and carols in the Church at the Borja Palace in Gandia on December the 10th. Our U3A Choir has been invited for the second year to lead the singing at this service. They will also be singing their own versions of four different carols.

You are invited to come along to support our Choir and participate at this annual traditional Christmas Service. The Service starts at 6.30pm doors will be open from 6pm

There will be NO December General Meeting on the 24th due to Christmas Holidays

EVENT REPORTS

Valor Chocolate Factory followed by a visit to Guadalest

On the 20th of October 50+ of our members enjoyed a superb day at The Valor Chocolate Factory and Guadalest despite the poor weather

Our first stop was the Valor Factory where an English speaking guide welcomed us. Firstly we were invited to watch a movie about the factory and its chocolate making history, following this we were then taken to the museum where our guide explained the history of chocolate making at the factory. At this stage we were given the opportunity to hold and taste coco beans as they are before the chocolate process begins. Following this we were given an insight into the history of The Valor Family.



A very informative museum and a very friendly and knowledgeable guide who diligently guided us through the factory to the "shop". The big finale was to see everyone enjoying the samples of chocolate on offer and to see our members with bags filled with chocolates.



Following the Chocolates we travelled to Guadalest through rain and sunshine. On arrival in Guadalest it was raining so this was a good time for lunch. After Lunch the rain had stopped and there was plenty of time to walk and look around this charming old quaint village. On the other hand the lack of sunshine do not spoil the attraction of this part of Spain. On speaking to members on their return to the coach it appeared that almost everyone had enjoyed their day including the Guadalest visit. Following this truely enjoyable day we left Guadalest for Oliva at around 4pm. We all concluded that despite the weath

Anja Homberg Travel Co-ordinator.

Ademuz Autumn Gold, Walking and Sightseeing, event.

Took place between the 27th and 30th of October. This year's event was a bit of an experiment. Our usual 3 day Ademuz events were for walkers with very little to do for the non – walkers. So this year we added sightseeing trips, for the non-walkers, to the nearby ancient towns of Teruel & Albarracin.



We all arrived at the Casa Domingo Hotel Ademuz on Tuesday afternoon and enjoyed the usual excellent evening dinner. On Wednesday morning the non-walkers boarded the bus to go to Teruel for a guided tour around the town, while the Wednesdays Amble/Walk was the “Ruta de Bohilgues” gorge and river walk. There was a bit of drizzle in the morning but it didn't spoil our enjoyment of the walk & scenery.



On Thursday the sightseers went to the ancient & historical Town of Albarricin while the walkers climbed up the hill to the Cruz de los tres Reinos.

Friday morning before returning home we had a stroll along the side of the Turia river at the back of the hotel.

Apart from Wednesday morning, the sun shone on us, and we all had a very enjoyable 3 nights and 4 day break in the beautiful area of the Rincon de Ademuz. On our last night at the Casa Domingo hotel, we were invited to pick apples from a nearby orchard, so we all went home with a 5 kilo bag of freshly picked apples courtesy of the hotel owner.

The “experiment” was deemed a great success and the format of the walking and sightseeing event will be repeated next

year.

Amblers

Iain Mungull Group Leader of the

We have more Members Benefits for you

Richard at Peluqueria Unisex-Estetica

Is very happy to extend to all members of the Oliva U3A
a special discount of 10% for all their hairdressing requirements
(proof of membership necessary).

Richard's studio is located at the corner of Calle Walt Disney & the Paseo, in the
centre of Oliva (close to the El Lloc restaurant).

Appointments can be made by phoning 658953761

richard@peluqueria unisex-estetica

Pension San Vicente

We can be found in Oliva in Plaza Ganguis just off the N332. We are pleased to offer Oliva U3A members a 10% discount on visits booked for themselves and/or family members, throughout the Year.

Members who are interested should contact Tina directly on:

pensionsanvicente@gmail.com

More information about Pension San Vicente including our rooms, plus availability and prices can be found on: www.pensionsanvicente.es

Discounts are only available on production of a valid U3A membership card.

Group Information

Pilates

Group Leader Chrissie Tea

Pilates is a physical fitness system developed in the early 20th century by Joseph Pilates.

If practiced with consistency, pilates improves flexibility, builds strength and develops control and endurance in the whole human body. It puts emphasis on alignment, breathing, developing a strong core, and improving coordination and balance. The U3A Pilates Group has a class every week at the CPC, usually on a Thursday morning at 10am, but we switch to a Friday the week the U3A General meeting is held, usually the Fourth Thursday of the month. Our instructor is Caroline Clay, who also instructs the Keep Fit and Zumba classes. The cost of the class is €30 per week, divided by the number of participants. This usually works out at around €5 per person. All that is required is a fitness mat, the thicker the better as the tiled floor is very hard and cold! Participants have either bare feet or socks, no shoes. You can also optionally bring a cushion or towel to support your head/neck. Both beginners and experienced members are welcome, please contact me via the website pilates@u3a-oliva.org or just come and join us.



Ballroom Dancing Group Leaders Howard and Gill Rowland

We meet at the CPC Friday's 18:00 to 19:00

Ballroom dancing is good for you. Want to improve your balance, co-ordination, posture and stimulate your brain then ballroom dancing is for you. Come along on Fridays and have some fun learning International Style Ballroom and Latin Dances. Not only will you learn a new skill but dancing is also a gentle physical workout where you will stretch those muscles you never knew you had. Gill and Howard provide basic instruction in both types of dancing in an easy, relaxing and fun style. Come along and give it a try, you never know there might be a budding Fred Astaire or Ginger Rodgers hidden inside. Why not come and join us, we can



be contacted at: ballroom@u3a-oliva.com

Boot Sale

We now have over 50 items "For Sale" or "Wanted"

It's a great place to make money on your unwanted items or find something that you need. You can find the Boot Sale by going to the "Members" section on the website then click on "Boot Sale"

To advertise your item For Sale or Wanted, complete the

[Boot Sale Upload Form](#)

There are some items that have been advertised for over 8 months, if you have items that are sold or no longer wanted please contact webmaster@u3a-oliva.org

To have the entry removed. Please supply the item number and description.

Forth coming Events in Oliva

Oliva Tourist Office

This is the place to find all the Tourist projects for Oliva in November and throughout the year is to log on to the Oliva't website at:

<http://oliva.es/arees/economia/turisme/events-turistics/>

Enjoy the items on their agenda for November, plus check each month for their latest offerings.

Remember the Tourist Office can be contacted on 962855528 or at : www.tourist-oliva.com or just visit their office which can be found next to the Central Indoor Market in Oliva.

I hope you enjoyed this issue, if so, lookout for the December edition which will be with you on the 15th.

If you have any ideas, suggestions or proposals that can benefit our members or the Oliva U3A as a whole, please send them to me at:-

vice-president@u3a-oliva.org

or place them in the suggestion box at our next General Meeting.

Thank You

Mick

