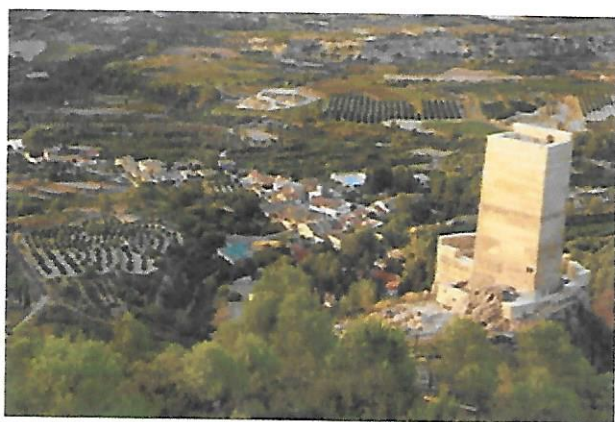


U3a OLIVA WALKING GROUP

Walk: Carricola Castle and Font Freda Date: 20 February 2019	Walk Leaders: Jo and Mike Rudd Mobile: 637 137 221 Email: lorchainn@yahoo.co.uk
Start time: 10.30 am Ascent: 450 metres approx Length: 9 kms Walk: 4.5 hours (including picnic lunch)	Duration: 10.00 am we will meet at a small bar in Carricola 250 yards from the car park, for coffee and at 10.30 am prompt start the walk. The walk will last 4.5 hours including break times and picnic lunch at the top of the mountain.

Route and Description: We will walk up to the Carricola Castle stopping on the way to look at all the biodiverse sculptures. Views from the top make the toughish climb up the rocky path and steps well worth it. After the Castle, we then climb up to Font Freda at the top of the mountain where we will stop at the picnic area for a well earned rest and picnic lunch. The views from Font Freda are spectacular, looking out over all the towns and villages between Carricola and Xativa. The route is mostly on loose surface and rocky paths.



How to get there: From Oliva, take the CV60 signposted to L'Olleria. Leave the CV60 at Junction 11 signposted to Belgida and Otos. Take the CV616 to Otos. At Otos, take the CV615 to Carricola. Just as you approach Carricola, there is a car park on your right. Park up there and walk 250 yards to a small bar at the entrance to Carricola.

Things you will need:

Stout walking shoes or boots.

Walkers will need to be sure footed and reasonably fit. Sticks are essential.

Sun hats if needed and water bottles. Cameras for the biodiverse sculptures and fabulous views. Picnic lunch.